

GLOW *in the* DARK

Darkness may be scary, but it's nothing that the light of Jesus can't fix!

Are you afraid of the dark? Everybody gets scared sometimes. But when we learn more about Jesus, the Light of the World, the things that frighten us begin to look less scary. We can learn to glow in the dark with the brightness that Jesus brings.

Memory Verse - John 8:12 NIV

"[Jesus] said, 'I am the light of the world. Whoever follows me will never walk in darkness, but will have the light of life.'"

Week 1- Worry-Warts – When we get anxious over things we can't control, God wants us to remember how pointless that is. We need to trust him with our worries. That's when we'll see his light through the fog of anxiety. Matthew 6:25-34, Jesus' teachings about worry.

Objective: Kids will identify one worry they have and how God can help them with it.

Week 2-Storms, Spiders, and Scary Movies – When we're in the middle of a scary situation, it helps to remember that Jesus also had scary times in his life. However, since he trusted God, he wasn't afraid! Jesus knew that God's sunlight always returns after life's storms. Luke 8:22-25, Jesus calms a storm.

Objective: Kids will identify one way they can remind themselves to trust God when they're scared.

Week 3-Moving On After Messing Up – Most people are afraid of failure. But we can bounce back from problems—even problems that we created—when we remember that Jesus loves us, no matter what. His love is a bright light of courage shining into our darkest fears. John 18:15-18, 25-27; and 21:15-17; Peter denies Jesus and is restored to ministry.

Objective: Kids will identify one way they can encourage themselves and someone else after a failure.

Week 4-Loneliness – Everybody wants to have a friend. It can be scary to feel like you're all alone. Jesus wants to be a friend to everyone, and he wants us to show that love to others too, so they won't feel alone. Not only does Jesus not want us to be alone on earth, but he wants to be our friend forever. John 14:1-7, Jesus is preparing a place for us.

Objective: Kids will identify one friend who doesn't know Jesus who they can tell about him this week or someone who doesn't have a friend that they can befriend.